

An Analysis of Secondary School Students' Attitudes towards Physical Education Course According to Some Variables

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ABSTRACT The purpose of this research is to analyze the attitudes of secondary school students towards physical education course using some variables. This study was carried out at different public secondary schools in Isparta, 463 male students and 377 female students within the age limit of 12.65 ± 1.11 years participated in the research. To determine the attitudes of the students who participated in the research, the Attitude Scale for Secondary School Students was used. In the statistical analyses of the data gotten from the study, SPSS 22.0 for Windows program Mann Whitney U test, Kruskal Wallis H test and descriptive statistics were used. Through this study, it was confirmed statistically that the students' attitudes towards physical education course did not differ greatly according to gender ($p > 0.05$). It was designated that when the 5th graders were compared with the 6th, the 7th and the 8th ones, the 5th graders had the highest attitude points for physical education classes ($p < 0.05$). When the survey was examined in terms of residential area, it was determined that to a great extent, the students living at villages had less attitude points compared to other students who resides in the urban areas ($p < 0.05$). It was also discovered that the attitude levels of the students whose families do physical exercise were higher than the ones whose families do not. According to the findings of this study, it can be said that some socio-demographic characteristics affect the secondary school students' attitude levels towards physical education classes.